



Kingswood Education Catering Primary Menu Winter 2017/2018

School Training days are **NOT** noted on this menu – please refer to your Child’s School for accurate dates.

How to order:

Online: www.kingswoodcatering.co.uk

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p administration fee for this service.

If you are not able to order via the internet give our office a call on 01536 201203 between 9am and 4pm so that we can arrange an alternative ordering method for you.

The price of a school dinner is **£2.30** per day, **£11.50** per week. Children entitled to Free Meals can make a choice and order online.

Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. We're sorry but if you miss the order cut-off date we are unable to accept late orders.

If you have any difficulties ordering online please contact the office email enquiries@kingswoodcatering.co.uk

Special Offer: 3 children for the price of 2 on full weeks – please ring our office 01536 201203 for details – conditions apply.

Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before. Please contact our Office on 01536 201203 or email enquiries@kingswoodcatering.co.uk

Christmas Dinner

We will be serving a traditional Christmas Dinner in your child’s school between 11th December and 20th December 2017. Please see our website for the date this is available in your child’s school.

During this period there may be days where a limited menu or no options are available due to activities and events within school or the school kitchen.

Weeks commencing: **30/10/2017** **20/11/2017** **11/12/2017** **08/01/2018** **29/01/2018**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausage Slice in a bun Hash Browns Baked Beans	Beef Bolognese Pasta Mixed Vegetables	Lamb Kofta with BBQ Dip Rice Sweetcorn	Roast Beef Slice and Yorkshire Pudding Gravy Roast Potatoes Diced Carrots	Harry Ramsden’s Salmon and Sweet Potato Fishcake Chips Garden Peas
Vegetarian alternative	Quorn frankfurter in a roll Hash Browns Baked Beans	Minced Quorn Bolognese Pasta Mixed Vegetables	Butternut Squash Samosa with BBQ Dip Rice Sweetcorn	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Carrots	Plain Omelette Chips Garden Peas
Picnic Lunch	Tuna Mayonnaise Sandwich Sultana & Raisin Blueberry Flapjack Water Bottle Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Bottle Fruit from bowl	Houghton Ham Sandwich Apricot Bag Shortbread Biscuit Water Bottle Fruit from bowl	Boxed Dinosaur Cheese Salad Multigrain Loaf Vanilla Muffin Water Bottle Fruit from bowl	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Bottle Fruit from bowl
Hot Pot	Quorn with Giant Cous Cous and Garden Vegetables	Cheesy Pasta Pot	Quinoa, Quorn and Vegetable Stir Fry	Hot Coronation Chicken with Rice	Chicken and Tomato Pasta Hotpot
Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognese	Jacket Potato with Pork & Carrot Meatballs Tomato sauce	Jacket Potato and Baked Beans
Pudding	Mousse Swirl	Melon and Pineapple Platter	Ice Cream with Fruit Salad	Guilsborough Biscuit	Iced Carrot Cake

Week Commencing	06/11/2017	27/11/2017	18/12/2017	15/01/2018	05/02/2018
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Cheese and Tomato Pizza Baked Beans	Chicken Tikka Naan Bread Rice Mixed Vegetables	Roast Turkey Fillet with Gravy Roast Potatoes Diced Carrots	Harry Ramsden's Fish in Batter Chips Garden Peas
Vegetarian alternative	Quorn Swedish Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	Baked Sweet Potato with Vegetable Tagine Green Salad	Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables	Roast Quorn Fillet in Gravy Roast Potatoes Diced Carrots	Cheese & Pepper Quiche Chips Garden Peas
Picnic Lunch	Tuna Mayonnaise Sandwich Sultana & Raisins Blueberry Flapjack Water Bottle Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Bottle Fruit from bowl	Houghton Ham Sandwich Apricot Bag Shortbread Biscuit Water Bottle Fruit from bowl	Boxed Dinosaur Cheese Salad Multigrain Loaf Vanilla Muffin Water Bottle Fruit from bowl	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Bottle Fruit from bowl
Hot Pot	Quorn with Giant Cous Cous and Garden Vegetables	Cheesy Pasta Pot	Quinoa, Quorn and Vegetable Stir Fry	Hot Coronation Chicken with Rice	Chicken and Tomato Pasta Hotpot
Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	Jacket Potato with Pork and Carrot Meatballs Tomato sauce	Jacket Potato and Baked Beans
Every picnic lunch includes a fruit portion, one snack item (e.g. yoghurt) and a drink of water or juice					
Pudding	Frozen Yoghurt	Melon and Pineapple Platter	Chocolate Sponge & Evaporated Milk	Ice Cream with Fruit Salad	Banana Bread

Weeks commencing:	13/11/2017	04/12/2017	01/01/2018	22/01/2018	
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Marinated Chicken BBQ Dip Rice Sweetcorn	Sausages Herb Potatoes Baked Beans	Pulled Beef Ragu Potatoes in Skins Mixed Vegetables	Roast Chicken in Gravy Roast Potatoes Diced Carrots	Ultimate Fish Fingers Chips Garden Peas
Vegetarian alternative	Vegetable Samosas with a BBQ Dip Rice Sweetcorn	Linda McCartney Sausage Herb Potatoes Baked Beans	Macaroni Cheese Mixed Vegetables	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Carrots	Cheese and Tomato Omelette Chips Garden Peas
Picnic Lunch	Tuna Mayonnaise Sandwich Sultana & Raisins Blueberry Flapjack Water Bottle Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Bottle Fruit from bowl	Houghton Ham Sandwich Apricot Bag Shortbread Biscuit Water Bottle Fruit from bowl	Boxed Dinosaur Cheese Salad Multigrain Loaf Vanilla Muffin Water Bottle Fruit from bowl	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Bottle Fruit from bowl
Hot Pot	Quorn with Giant Cous Cous and Garden Vegetables	Cheesy Pasta Pot	Quinoa, Quorn and Vegetable Stir Fry	Hot Coronation Chicken with Rice	Chicken and Tomato Pasta Hotpot
Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	Jacket Potato with Pork & Carrot Meatballs Tomato sauce	Jacket Potato and Baked Beans
Every picnic lunch includes a fruit portion, one snack item (e.g. yoghurt) and a drink of water or juice					
Pudding	Blueberry Muffin	Melon and Pineapple Platter	Ice Cream with Fruit Salad	Chocolate Flavoured Cookies	Lemon Drizzle Cake

Drinking water and plain wholemeal bread is available daily. A selection of fruit is available daily as an alternative to the pudding advertised. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that the all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification

Please see 'more information' on our website menus for allergen information.