



Enjoy a Healthy School Meal this Autumn

How to Order: Online www.kingswoodcatering.co.uk

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p per transaction fee for using this service.

If you are not able to order via the internet please give our office a call on 01536 201203 between 9am and 2.30pm so that we can arrange an alternative ordering method for you. Children entitled to Free Meals can make a choice and order online

The price of a school dinner is £2.30 per day or £11.50 per week.

Special Offer: 3 children for the price of 2 on full weeks. Please ring our office 01536 201203 for details

Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. Unfortunately if you miss the order cut-off date we are unable to accept late orders.

If you have any difficulties ordering online please contact our office and we will try to help.

We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification. Drinking water and plain wholemeal bread is available daily. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. Please see 'more information' on our website menus for allergen information.

Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before.

Please contact our Office on 01536 201203 or email: enquiries@kingswoodcatering.co.uk



Weeks commencing:

04/09/2017
16/10/2017

25/09/2017

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Choose one of the following delicious meals

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	Turkey Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Sausages New Potatoes Baked Beans	Chicken Tikka Naan Bread Rice Mixed Vegetables	Roast Beef Slice and Yorkshire Pudding Gravy Roast Potatoes Diced Fresh Carrots	Salmon and Sweet Potato Fishcake Chips Garden Peas
2 Vegetarian Alternative	Diced Quorn Frankfurter in Tomato Sauce Wholemeal Pasta Sweetcorn	Linda McCartney Sausage New Potatoes Baked Beans	Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Fresh Carrots	Plain Omelette Chips Garden Peas
3 Picnic Lunch	Tuna Mayonnaise Wholemeal Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Wholemeal Sandwich	Egg Roll	Sliced Cheddar Cheese Wholemeal Sandwich
4 Hot Pot or Salad	Diced Potato and Baked Bean Hot Pot	Ploughman's Lunch	Cheesy Pasta Pot	Tuna with Lemon Dressing and Salad	Italian Bean and Pasta Salad
5 Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	Jacket Potato and Chicken and Bacon Mayonnaise	Jacket Potato and Baked Beans

Every picnic lunch includes a fruit portion, one snack item (e.g. yoghurt) and a drink of water or juice

 pudding	Mousse Swirl	Fresh Fruit Platter	Yoghurt with Fresh Fruit	Guilborough Biscuit	Iced Carrot Cake
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Weeks commencing:
11/09/2017 02/10/2017

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Choose one of the following delicious meals

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	Chicken Fillet in a bun Tomato Ketchup (Optional) Herb Potatoes Sweetcorn	Beef Bolognese Pasta Mixed Vegetables	Ham Pizza Coleslaw	Roast Chicken with Gravy Roast Potatoes Diced Fresh Carrots	Fish in Batter Chips Garden Peas
2 Vegetarian Alternative	Linda McCartney Sausage in a bun Tomato Ketchup (Optional) Herb Potatoes Sweetcorn	Minced Quorn Bolognese Pasta Mixed vegetables	Cheese Pizza Coleslaw	Roast Quorn Fillet in Gravy Roast Potatoes Diced Fresh Carrots	Cheese & Pepper Quiche Chips Garden Peas
3 Picnic Lunch	Tuna Mayonnaise Wholemeal Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Wholemeal Sandwich	Egg Roll	Sliced Cheddar Cheese Wholemeal Sandwich
4 Hot Pot or Salad	Diced Potato and Baked Bean Hot Pot	Coronation Chicken Salad	Cheesy Pasta Pot	Dinosaur Cheese and Salad	Pasta with Tuna and Olive Oil
5 Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognese	Jacket Potato and Chicken and Bacon Mayonnaise	Jacket Potato and Baked Beans

Every picnic lunch includes a fruit portion, one snack item (e.g. yoghurt) and a drink of water or juice

 pudding	Frozen Yoghurt	Fresh Fruit Platter	Chocolate Sponge with Crème Fraiche	Yoghurt with Fresh Fruit	Banana Bread
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Weeks commencing:
28/08/2017 18/09/2017
09/10/2017

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food for thought



Choose one of the following delicious meals

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	Pork Meatballs in Tomato Sauce Wholemeal Pasta Sweetcorn	Mexican Beef Chilli Taco Salad	Marinated Chicken Fillet New Potatoes Baked Beans	Roast Turkey Fillet in Gravy Roast Potatoes Diced Fresh Carrots	Ultimate Fish Fingers Chips Garden Peas
2 Vegetarian Alternative	Quorn Swedish Balls in Tomato Wholemeal Pasta Sweetcorn	Macaroni Cheese Salad	Cheese and Tomato Omelette New Potatoes Baked Beans	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Fresh Carrots	Vegetable Samosas Chips Garden Peas
3 Picnic Lunch	Tuna Mayonnaise Wholemeal Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Wholemeal Sandwich	Egg Roll	Sliced Cheddar Cheese Wholemeal Sandwich
4 Hot Pot or Salad	Diced Potato and Baked Bean Hot Pot	BBQ Chicken and Rice Salad	Cheesy Pasta Pot	Houghton Ham and Salad	Greek Salad with Crusty Roll
5 Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognese	Jacket Potato and Chicken and Bacon Mayonnaise	Jacket Potato and Baked Beans

Every picnic lunch includes a fruit portion, one snack item (e.g. yoghurt) and a drink of water or juice

 pudding	Blueberry Muffin	Fresh Fruit Platter	Yoghurt with Fresh Fruit	Chocolate Flavoured Cookies	Lemon Drizzle Cake
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